

# INSTITUTE OF PHYSIOTHERAPY (IPHY)

## HISTORY

The Institute of Physiotherapy (IPHY) was founded in 1956 within the Faculty of Medicine at the Saint Joseph University of Beirut. Its activities were suspended from 1967 to 1995, then resumed at the Medical Sciences Campus with the Bachelor in Physiotherapy.

In 2002, IPHY began offering four Master's programs:

- Master in Manual Therapy and Osteopathy
- Master in Physiotherapy of Physical Activities and Sport
- Master in Neurological Rehabilitation
- Master of Research in Physiotherapy.

In 2010, a University Diploma in Chinese Acupuncture was introduced in partnership with Tianjin University of Traditional Chinese Medicine (China). This program includes theoretical training offered by Chinese instructors in Lebanon and a clinical internship in a specialized hospital in China.

In 2014, IPHY introduced the Diploma of Doctor of Physical Therapy (DPT) program.

## OBJECTIVES

The physiotherapy training program lasts 4 years, in accordance with the standards set by World Physiotherapy (WPT). Upon completing the theoretical and practical training, graduates are expected to demonstrate the ability to:

1. Assume responsibility for individuals' health based on their physiotherapy needs:
  - 1.1 Acquire theoretical, medical, and bio-psycho-social knowledge, as well as physiotherapy technology.
  - 1.2 Assess and diagnose physical conditions, including deficiencies, incapacities, and disabilities.
  - 1.3 Deliver both preventive and therapeutic care.
  - 1.4 Plan, execute, evaluate, and adapt rehabilitation programs, considering priorities and medical prescriptions.
  - 1.5 Coordinate care programs and enhance environmental conditions by collaborating with the interdisciplinary team and family.
2. Apply logical reasoning to solve common or unexpected diagnostic, therapeutic, and organizational challenges.
3. Consider the individual within their social context and provide necessary moral support.
4. Develop communication and collaboration skills:
  - 4.1 Demonstrate professional conduct with solid scientific and technical expertise.
  - 4.2 Communicate with the interdisciplinary team using appropriate professional language.
  - 4.3 Produce clear written outputs: scientific articles, reports, medical records, and transfer sheets, according to professional standards.
5. Participate in:
  - Mentoring interns.
  - Training service personnel.
  - Educating communities on health.
6. Develop administrative skills to effectively manage professional responsibilities.
7. Stay current with scientific developments and continuously maintain professional competence.
8. Engage in scientific research to contribute to the advancement of physiotherapy.

## MISSION

Since 1995, the Institute of Physiotherapy at the Saint Joseph University of Beirut has been committed to comprehensive and holistic education. Its mission is to:

- Provide Lebanese and international students, without discrimination, with academic education in physiotherapy, at both basic and advanced levels. The program prepares graduates to promote health and to prevent, detect, correct, and/or alleviate dysfunctions in the field of physiotherapy.

- Strengthen the knowledge of physiotherapists through lifelong learning, available to all.
- Initiate research among instructors, alumni, and all physiotherapists, to improve the quality of physiotherapy services.

## **ADMINISTRATION**

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**Director:** Pascal (EL) BRAIDY

**Dean:** Elie NEMER

**Coordinators:**

Bachelor (1<sup>st</sup> and 2<sup>nd</sup> year): Rose ROCCA FARAH and Perla MJAESS

Bachelor (3<sup>rd</sup> and 4<sup>th</sup> year): Nadim FAKHOURY

Masters and DPT: Roula AKAWI BOU ANTOUN and Perla MJAESS

University Diploma in Chinese Acupuncture: Pascal (EL) BRAIDY

## **ADMINISTRATIVE STAFF**

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**Administrative Assistant:** Mountaha ALLAWY TANNOURY

**Academic Support Officer:** Ghada AZZI (EL) SEMAAN

## **FACULTY**

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**Assistant Professor**

Mohammad KARAM

**Lecturers**

Khalifé KHALIFÉ, Nadim FAKHOURY, Nisrine ABDELNOUR LATTOUF, Pascal (EL) BRAIDY, Pierre FILFILI, Rose ROCCA FARAH, Roula AKAWI BOU ANTOUN

**Instructors**

Abir MASSAAD, Aicha EL CHEIKH, Anna Maria ABI KHATTAR, Anthony DEMONT, Antoine BECHWATY, Antoine KAHWAGI, Antoine SARRAF, Anwar KHABBAZ, Ayman ASSI , Bachir ELIAS, Barbara ZAKHIA (EL) DOUAIHY BOU DIB, Bassam ISMAIL, Bassem HABR, Carole CHIDIAC, Carole (EL) KESROUANI ABOU NADER, Carole NASSIF REAIDI, Carole NEHMÉ, Cédric CHAIBAN, Chaker BOU ABDALLAH, Charles GHAFARI , Christian MATTA, Claude MAROUN, Cynthia TOUMA, Dana DIAB, Dina BARAKAT, Fr. Edgard (EL) HAIBY, Elie FARAH, Elie EL HELOU, Fady DAGHER, Fady FAKIH, Gaby ISSA (EL) KHOURY, Gaby KREICHATY, Georges JAMMAL, Georges MAALOULY, Ghada SALIBA, Ghassan MOUHANNA, Hady JALKH, Hanane (EL) KAZZI, Jérôme LAURIN, Jihad HADDAD, Joël (EL) BOUSTANY, Joseph AMARA, Joseph GHARIOS, Joseph (EL) MIR, Joseph HATEM, Joseph MAARRAWI, Khalil NASSAR, Laetitia EID, Lara ABOU JAOUDÉ, Line ABDO IBRAHIM, Lucine HALEPIAN OULOUJIAN, Mansour DIB, Marianne HADDAD HEJOUJ, Marie BARHOUCHE ABOU SAAB, Marie KARIM, Marlène MAZRAANI NAKOUIZI, Maroun EL KHOURY, May GERGES HAROUCHE SAMAHA, Maya SAMMOUR RBEIZ, Michel BASSIL, Micheline BAKHOS, Mohamad ABOU HAIDAR, Mohamad HALIMI, Myriam (EL) ZOGHBI SROUR, Nabil (EL) HACHEM, Nabil MAKHLOUF, Nada GHORAYEB NAIM, Nahla SAAD MOUAWAD, Nassjm FARES, Nathalie (EL) JBEILY, Nathalie KHREICH SLEIMAN, Nour (EL) HÉLOU, Patricia ALMEIDA, Perla TABET, Pierre MERHEB, Rabab (EL) RASSI KHOURY, Racha EL AARAJ, Rachid KHOURY, Ralph HOBEIKA, Rami EL RACHKIDI, Rana DAOUD (EL) ASSOUAD, Richard ZEIDAN, Rita (EL) HAYEK, Romy SLAIBY, Ronald MOUSSA, Rony FARÈS, Sabine FARÈS, Sami ROUKOZ, Samia HIJAZI HEJOUJ, Soha HADDAD ZEBOUNI, Souha SALIBA SAADÉ, Tarek SMAYRA, Tarek TOUMA, Toby ATALLAH, Tonine YOUNANE FARAH, Tony ABDEL MASSIH, Tony MATTA, Tony (EL) MURR, Toni RIZK , Viviane MATAR TOUMA, Walid ABOU HAMAD, Yara NEAIMEH, Yolla ABDEL MASSIH SAWAYA, Zakhia NAOUM

**Practical Trainers**

Perla MJAESS, Nadim FAKHOURY

## **DEGREES, DIPLOMAS AND CERTIFICATES AWARDED**

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Bachelor in Physiotherapy

Master in Physiotherapy of Physical Activities and Sport

Master in Manual Therapy and Osteopathy

Diploma of Doctor of Physical Therapy

University Diploma in Chinese Acupuncture (currently frozen)

## JOB OPPORTUNITIES

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- Private clinics
- Hospitals
- Health centers
- Long-term care facilities
- Sports clubs
- Home care services
- Government agencies and NGOs
- Schools and universities
- Corporate clients
- Health promotion centers

## TUITION FEES

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Bachelor in Physiotherapy, Master in Manual Therapy and Osteopathy, Master in Physiotherapy of Physical Activities and Sport: 131 USD and 5,011,000 LBP (for semester 1), equivalent in Fresh US Dollars to 187 (exchange rate = 89,500 LBP). Diploma of Doctor of Physical Therapy: 100 USD and 3,840,000 LBP (for semester 1), equivalent in Fresh US Dollars to 143 (exchange rate = 89,500 LBP).

## SPECIFIC PROVISIONS OF THE INTERNAL REGULATIONS OF STUDY

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### TITLE ONE – STUDYING AT THE SAINT JOSEPH UNIVERSITY OF BEIRUT

#### *Article 1: Programs and Cycles*

a1. The degrees, diplomas and certificates awarded are:

- Bachelor in Physiotherapy
- Master in Manual Therapy and Osteopathy
- Master in Physiotherapy of Physical Activities and Sport
- Master in Neurological Rehabilitation
- Master of Research in Physiotherapy.
- University Diploma in Chinese Acupuncture
- Diploma of Doctor of Physical Therapy (DPT).

IPHY also proposes lifelong learning options on specific subjects and current issues.

#### *Article 2: Courses and Credits*

a. The study programs for the first degree of a program, includes required courses, institutionally required closed elective courses (Institution's closed electives), courses required by the University under the "USJ General Education Program" (« Formation générale USJ »), and open elective courses, distributed as follows:

Course type	Number of credits proposed by the Institution	Number of credits students must validate
Required Courses	190	Number required by the Institution
Institutions' Elective Courses	At least 12	At least 12
USJ General Education Program <sup>2</sup>	List proposed by the University	32
Open Elective Courses	List proposed by the University	At least 6

One internship credit equates 30h of in-class and/or personal work

1. The Ministry of Education and Higher Education authorizes a maximum duration of 16 semesters for students enrolled in part-time Doctoral programs.

2. These electives fall under four categories: "Ethics," "Interdisciplinary Studies," "Civic Engagement and Citizenship," and "Religious Studies."

### **Article 3: Prerequisite Courses**

Registration for a course may require prerequisite courses. These are courses within the study program whose learning outcomes and corresponding credits must be successfully validated by the jury before a student can register for the subsequent course.

To register for a course:

Students must have validated the prerequisites according to the prerequisites table posted and adopted by the Board of the Institute and updated periodically.

### **Article 4: Student Guidance**

A tenured instructor guides students throughout their academic journey.

### **Article 5: Languages**

#### **a. Languages of Instruction**

French and Arabic are the two main languages of instruction. Some courses or study programs are taught in English.

#### **b. French Proficiency Requirements**

Prior to any registration for the first cycle, candidates must have been classified in category « A » at the French Placement Test.

However, a candidate placed in category “B” on this test is allowed to provisionally register in certain institutions<sup>3</sup>. As soon as they register and during the first year of their studies, they take compulsory remedial French language courses which replace a 3-credit open elective course. These courses are offered by the USJ Faculty of Languages and Translation in three successive sessions during the first and second semesters, and during the summer term.

An “A” level test is administered at the end of every session. Students who pass the test validate the three credits; their registration becomes final and they can pursue their studies. Students who do not pass the first session may register for the second session; if they fail the second session, they may register for the summer session. Students who do not pass the test after the three sessions will not be able to renew their registration. The Institution may, in its “Specific Provisions” of the Internal Regulations of Study, extend the “A” level requirement to all first-time registrations for graduate programs.

### **Article 6: Mandatory Attendance**

a. Attendance is mandatory and monitored. However, for elective courses, absences during the first two weeks of the semester are not taken into account.

b. Students’ attendance and motivation have a direct impact on their assessment throughout the semester (ref. Article 25 of the present document) according to the procedures defined by the institution.

c. To take the final exam of a course, in both the first and second sessions, students must have attended at least 70% of the in-person sessions. The list of students who will not be able to take the final exam is validated by the Head of the institution and by at least one member of the Institution Board on the eve of the exams.

d. For an absence of more than two consecutive weeks, students must request an authorization. Depending on the length and period of the student’s absence, the Institution Board may either authorize them to resume their semester or ask them to repeat it. In the latter case, the maximum duration of the program is extended by one semester.

An absence of more than two consecutive weeks without authorization is considered as a withdrawal of the student for the current semester; the concerned student cannot claim any right to re-register.

The decision to admit a late coming student to the classroom is at the instructor’s discretion, but the student in question will be recorded as absent on the attendance list.

Only the instructor is authorized to record absences and to sign the attendance list.

The use of mobile phones in the classroom is prohibited.

The instructor may require any disruptive student to leave the classroom, in which case the student will be marked as absent.

3. Excluding the Faculties of Medicine, Dental Medicine, Pharmacy, Law and Political Science, the School of Engineering, the USJ National Institute of Telecommunications and Informatics, and the School of Translators and Interpreters of Beirut.

Attendance during internships is monitored by the internship supervisor, and no absences are permitted. Any absence deemed justified by the IPHY administration must be made up with an additional day of internship. However, if absences exceed 15% of the internship period, the student must re-register and repeat the internship. Any student arriving late more than three times during the same internship period will be required to complete one additional day as scheduled by the internship supervisor.

## **TITLE TWO – REGISTRATIONS AND ADMISSIONS**

### **Article 7: Application Forms**

Application forms are submitted either online on the University's website or at the offices set up for this purpose<sup>4</sup>, according to the procedures and deadlines established by the University. In every program, the first registration is final only if it meets the regulatory requirements and is preceded by the payment of a deposit.

### **Article 8: Documents Required for the First Registration**

When registering for the first time, students must submit the following documents to the registration office or the institution's secretariat, where appropriate:

- a passport-sized photo;
- a recent individual civil status record or a copy of the Lebanese ID card (by showing the original). For foreigners, a copy of the passport;
- a family civil status record or a copy of it;
- a copy of the Lebanese Baccalaureate or its equivalent, certified by the Ministry of Education and Higher Education;
- a copy of the social security card for students already registered with the National Social Security Fund (NSSF), and a supporting document for those who benefit from another official social coverage;
- a certified transcript of the last three years of school or university, depending on the cycle for which the applicant is applying;
- a certified copy of the higher education studies already validated and the university diplomas already obtained, as well as their equivalence granted by the Lebanese State where applicable;
- any other document requested by the institution to which the candidate is applying.

The ID presented by students at the time of their first registration permanently establishes the civil status information that will appear on the diplomas and certificates issued by the University:

- the transliteration of their last name, first name and father's first name, validated by the student at the time of their first registration, is definitive;
- their date and place of birth;
- their nationality.

If a student or graduate rectifies their civil status, it is their responsibility to attach to their diplomas a certificate of change issued by the appropriate civil authorities. No changes to diplomas and university records are possible. Female students, even if already married, are registered under their maiden name. This is the name that will appear on their diplomas.

To register for a Master's degree and to DPT, candidates must hold a Bachelor in Physiotherapy from USJ or any other degree recognized as equivalent by the USJ Equivalence Committee.

For the Master in Manual Physiotherapy and Osteopathy and the University Diploma in Chinese Acupuncture, candidates may also hold the Degree in Medicine from USJ or any other degree that is recognized as equivalent by the USJ Equivalence Committee

The documents required for the Master's, DPT and University Diploma courses in Chinese Acupuncture are the following:

- A copy of the Lebanese Baccalaureate or its equivalent, certified by the Ministry of Education and Higher Education;
- A certified photocopy of the Bachelor in Physiotherapy (or Degree in Medicine)
- A certified photocopy of the equivalence of the degree (or the Degree in Medicine)
- Grade transcript of the Bachelor in Physiotherapy (or Degree in Medicine)
- Curriculum vitae with supporting documents
- Recent individual civil status extract or photocopy (by submitting the original) of the national ID card, or the passport for foreigners

4. At the admission offices for the first cycle and at the respective institutions for all other registrations.

- Recent original family civil status extract
- Two passport-sized photos
- A photocopy of the National Social Security Fund (NSF) card for students who are already registered at the NSF

*a. Accident insurance subscribed to by the University:*

Every student is covered by the “Student” insurance policy to which the University is subscribed. It covers them on working days as specified in the University Calendar, whether they are present at the University or commuting to and from the University; this insurance policy also covers them during activities or projects organized by the University even if they take place on non-working days. In the event of an accident other than the above-mentioned cases, coverage is subject to the prior approval of the Rectorate. “Student” insurance covers:

- accidental death,
- permanent total or partial disability as a result of an accident,
- medical expenses as a result of an accident.

*b. Private insurance:*

- Lebanese students, who do not benefit from the NSF, are invited to subscribe to a private insurance policy (at their own expense) covering at least their hospitalization.
- Foreign students must subscribe, at their own expense or according to their registration conditions, to an insurance policy covering at least their hospitalization and repatriation.
- Outgoing mobility students, within the framework of university programs, must subscribe, at their own expense, to an insurance covering at least their hospitalization and repatriation.

*c. Professional insurance:*

Students doing a clinical internship, in accordance with the conditions set by the University, benefit from a professional liability insurance policy to which the University or any other organization is subscribed, depending on the case, to cover accidents that may occur during such activities in Lebanon.

Students doing an internship abroad must take out at their own expense, a civil and professional responsibility insurance as well as a health and repatriation insurance.

### **TITLE THREE– VALIDATION OF THE PROGRAM LEARNING OUTCOMES**

*Article 9: Assessment of Learning Outcomes*

- a. The credits for which students are registered are validated following the assessment of their learning outcomes<sup>5</sup>.
- b. The assessment of the students learning outcomes consists of an ongoing assessment throughout the semester (written and oral exams, mid-term exams, presentations, projects, personal work, attendance, motivation, etc.) and an end-of-semester assessment (final exam, project, dissertation, etc.).
- c. The assessment methods are decided by the institutions

#### **Assessment Methods**

Assessment and validation system for the bachelor program:

**1. Assessment of the theoretical or practical courses:**

To validate their courses, students must achieve an average of 10/20 or higher for each course. However, for the courses in anatomy, assessments, and specific techniques, students must obtain at least 10/20 for each component in addition to the average of 10/20 or higher. The overall average of each course will be determined by continuous assessment of the student’s progress (oral and written exams, presentations, projects, and practical exercises). The weighting of course assessments will be set at the beginning of each academic year and periodically reviewed by the Board of the Institute, with updates posted at the start of each semester.

**2. Assessment of the internship courses:**

To validate their courses, students must achieve an average of 12/20 or higher.

For the assessment method related to every stage, students must refer to the internship regulations, which are regularly updated and posted.

**3. Final project**

By the end of the program (eighth semester) students must submit and defend a final project before a jury and

5. Ref.: University Pedagogical Guide

achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions.  
Cf. Final project guide periodically updated by the Board of the Institute.

Assessment and validation system for the master program:

Candidates must:

- Validate theoretical and practical courses as well as internships by achieving a score of 10/20 or higher.
- Present a final project before a jury and achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions.

Cf. Final project guide periodically updated by the Board of the Institute.

Assessment and validation system for the DPT:

Candidates must:

- Validate theoretical and practical courses as well as internships by achieving a score of 10/20 or higher.
- Present a final project before a jury and achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions.

Cf. Final project guide periodically updated by the Board of the Institute.

Assessment and validation system for the University Diploma in Chinese acupuncture

Candidates must:

- Validate courses by achieving a score of 10/20 or higher.
- Validate a 3-week internship in China.